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ADULT BACKGROUND AND HISTORY QUESTIONNAIRE

Name _____ Date of Birth _____

Home Address _____ Home Phone _____

_____ Work Phone _____

Today's Date _____

- Marital Status: _____ Single
_____ Married
_____ Living with a significant other
_____ Separated
_____ Divorced
_____ Widowed

Who lives in your home?

NAME	RELATIONSHIP TO YOU	DATE OF BIRTH
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Pregnancy and Delivery

Please answer the following questions to the best of your ability.

Did your birth mother smoke during pregnancy? YES NO

Did your birth mother drink alcohol during pregnancy? YES NO

Did your birth mother use drugs during pregnancy? YES NO

Did your birth mother receive prenatal care during pregnancy? YES NO

Please describe any complications with your mother's pregnancy or delivery:



Medical History

Name and address of your primary care physician: _____

As a child, were you diagnosed with any serious illnesses? YES NO

If yes, what illness

Do you currently have any of the following medical conditions?

- | | |
|-----------------------------------|--|
| _____ Asthma | _____ Headaches/Migraines |
| _____ Allergies | _____ High Blood Pressure |
| _____ Cardiac disease | _____ Kidney disease |
| _____ Cancer or blood disease | _____ Liver disease |
| _____ Cystic Fibrosis | _____ Obesity |
| _____ Diabetes | _____ Neurological condition (Specify _____) |
| _____ Gastro-intestinal condition | _____ Other (Specify _____) |

If yes to any of the above conditions, please describe the treatment regimen:

Do you have any food or drug allergies? YES NO DON'T KNOW

If yes, specify _____

Have you had a significant appetite change in the last month? YES NO

Comments: _____

Have you lost or gained more than 10 pounds in the past year? YES NO

Do you have difficulty sleeping? YES NO

If yes, please describe _____

Have you had a significant change in sleep patterns in the last month? YES NO

Comments: _____



Behavioral/Emotional Health History

Please indicate with a check mark any behavioral or emotional concerns during your childhood or adolescence:

- _____ Bed wetting
- _____ Inattention
- _____ Hyperactivity
- _____ Fears/Phobias
- _____ Sad/Depressed mood
- _____ Eating problems – strict dieting
- _____ Eating problems – overeating
- _____ Eating problems – bingeing and purging
- _____ Eating problems – excessive exercise]
- _____ Learning problems
- _____ Difficulty getting along with peers
- _____ Social skills problems
- _____ Victim of teasing or bullying
- _____ Bullying other children
- _____ Arguing with adults
- _____ Physically harming other people or animals
- _____ Threatening physical harm to anyone
- _____ Fire starting
- _____ Running away from home
- _____ Thinking about or attempting suicide
- _____ Cutting or mutilating body
- _____ Obsessive thoughts and/or actions
- _____ Drug or alcohol use
- _____ Motor tics
- _____ Stuttering
- _____ Victim of physical abuse
- _____ Victim of sexual abuse
- _____ Victim of emotional abuse
- _____ Witnessed domestic violence
- _____ Other significant trauma (Please specify: _____)

Other problems during your childhood/adolescence (Please specify):



Current Concerns

Please indicate with a check mark any current problems you are experiencing:

- Inattention
- Hyperactivity
- Fears/Phobias
- Anxiety or nervousness
- Sad/Depressed mood
- Eating problems – strict dieting
- Eating problems – overeating
- Eating problems – bingeing and purging
- Eating problems – excessive exercise
- Employment problems
- Difficulty getting along with others
- Prefer being alone rather than with other people
- Arguing with others
- Physical confrontations with others
- Thinking about or attempting suicide
- Feelings of hopelessness
- Cutting or mutilating body
- Obsessive thoughts and/or actions
- Drug use
- Excessive alcohol consumption
- Motor tics
- Stuttering
- Victim of physical abuse
- Victim of sexual abuse
- Victim of emotional abuse
- Victim of domestic violence
- Grief or bereavement
- Difficulty coping with an illness
- Other significant trauma

(Please specify: _____)

Please use this space to elaborate on any current problems you are experiencing:



Have you had previous outpatient psychological treatment? YES NO

NAME OF THERAPIST	DATES OF TREATMENT	REASON FOR TREATMENT
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you had previous inpatient psychological treatment? YES NO

NAME OF PROGRAM/FACILITY	DATES OF TREATMENT	REASON FOR TREATMENT
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you ever had a psychological or neuropsychological evaluation? YES NO

If yes, what were the results?

Are you currently taking any medication (prescription, over-the-counter, vitamins, herbs, or supplements) for emotional, behavioral, academic, or medical reasons?

MEDICATION	DOSAGE	REASON
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



Significant Events

Please check any significant events you have experienced in the past 2 years:

- Loss of job/unemployment
- Death of an immediate family member
- Serious illness or injury to a family member or friend
- Financial problems
- Legal problems
- Divorce or separation
- Change in family structure (someone moved in/out of home, blending of families)

Education

What is the highest level of education you've completed?

- Less than high school diploma
- High school diploma
- GED
- Some college
- Associate's degree
- Bachelor's degree
- Master's degree
- Doctoral degree

Have you ever skipped a grade? YES NO

Have you ever repeated a grade? YES NO

Have you ever received any special academic services (e.g. special education, tutoring, gifted program)? YES NO

If yes to above question, please describe:

Family Health History

Have any family members (siblings, parents, aunts, uncles, cousins or grandparents) been diagnosed or treated for a mental health or substance abuse problem? YES NO DON'T KNOW

Please explain if yes to above question:



Present Concerns

Why are you seeking assessment or therapy at the present time?

What are your strengths?

Other comments:

Thank you for completing this questionnaire.